Assessing the Efficacy of the Bruder Eye Hydrating Compress Compared to Traditional Warm Compress

Do you experience *dry eyes*??

Are you:

• 18 years and older  
If the answer is yes, please read further!  
Do you:

• have any current eye infections  
• have a history of eye surgery in the past 6 months  
• wear contact lenses or worn contact lenses in the past 1 month  
• take any eye medications other than eye lubricants  
If the answer is no then we need YOU 😊

We would like **YOU** to participate in our research project to assess if the Bruder Eye Hydrating Compress is an effective treatment option, compared to the mainstay treatment of traditional warm compresses.

**What will happen if I took part in this research project?**

If you decide to take part you will:

• Be required to attend the UNSW School of Optometry and Vision Science, Anterior eye lab for 2 visits (1 hour each session), spanning over a course of 2 weeks, 2 hours in total  
• Fill out a questionnaire about your dry eye symptoms  
• Have your eyes tested to check for the type of dry eye and assess whether you are eligible to participate in our study  
• (If eligible) receive treatment for your dry eyes using the Bruder Eye Hydrating Compress and traditional warm compress therapy in random order  
• Have the front of your eyes tested immediately after treatment, at 15 minutes and 1 hour after treatment  
• Receive the Bruder Eye Hydrating Compress after completion of the study (RRP $47.65)

**Will I be paid to take part in the research project?**

You will not be paid for participation, however you will receive the Bruder Eye Hydrating Compress for future use.

**Who do I contact if I want more information or want to take part in the study?**

If you would like more information or are interested in being part of the study please contact:

**Name:** Sarah or Sylbi  
**Email:** z3331891@student.unsw.edu.au, z3331882@student.unsw.edu.au