Researchers at UNSW Sydney (The University of New South Wales) are seeking volunteer research participants to learn about the effect of two different contact lenses on the progression of nearsightedness in children.

Would the research study be a good fit for me?

The study might be a good fit for your child if your child:

✓ Is aged 6-12 years (inclusive)
✓ Is willing to wear soft contact lenses daily
✓ Has myopia (nearsightedness)
✓ Has otherwise normal vision, and good ocular and general health
✓ Has not previously used any myopia control treatments for more than 1 month or within the last month
✓ Does not have an eye turn, “lazy” eye, or a history of surgery or other treatments or medications which may affect eye growth or contact lens wear
✓ Has no plans to move for the duration of the study (1 year)
✓ Is competent enough in English to be able to fully understand the participant information and consent form or you can consent on their behalf

What would happen if I took part in the research study?

If you decide to take part, your child would:

✓ Be screened for eligibility. This involves discussing your child’s ocular and medical history, and performing measurements of vision, spectacle prescription using eye drops, eye length, eye shape, eye pressure and other parameters. This screening visit will take approximately 1 hour.

✓ If eligible, you and your child would return to be fitted and supplied with two contact lenses, one for each eye. You and your child will also be taught how to insert and remove lenses and use contact lenses safely. This visit will take approximately 1 hour.

✓ Your child will be asked to wear the supplied lenses over the course of 1 year, inserting a new lens into each eye every day and disposing of the lenses at night

✓ You will then be asked to return after 1 week and 1, 3, 6 and 12 months, where your child’s ocular and medical history and wear time with the lenses will be discussed and similar measurements as the baseline visit performed. Each of these visits will take approximately 1 hour.

Will I be paid to take part in the research study?

There are no additional costs associated with participation in this research study. You will be provided with a $150 gift voucher at the end of the study for your child’s participation. You will also be supplied with all the soft contact lenses to wear for the duration of the year at no cost.

If you would like more information or are interested in being part of the study please contact:

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https://www.optometry.unsw.edu.au/research/seeking-volunteers

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