Human Research Recruitment Advertisement

Efficacy of Eye Masks + Manuka Honey eyedrops on Dry Eyes

Researchers at UNSW Sydney are seeking volunteer research participants to learn about the effect of having a combination of treatment of Manuka+ heated eye mask, and how it compares with just the Manuka+ Eye Drops alone for the treatment of dry eyes.

The study might be a good fit for you if you:

- Are aged 18 years or older with symptoms of dry eye
- Have not used Optimel Manuka+ Dry Eye Drops in the past 3 months
- Have not used warm compresses or lid scrubs in the past 1 month
- Willing to discontinue current use of any other rewetting/lubricating drops 3 days before the study and throughout the study
- Are a soft contact lens wearer: willing to discontinue lens wear for 1 week before first visit and continue to do so until the conclusion of the study (approx. 1 month duration).
- Are a rigid contact lens wearer: willing to discontinue lens wear for 1 month prior to the study and during the study.
- Willing to discontinue use of any previous dry eye treatment methods used before and throughout the study.

What would happen if I took part in the research study?

If you decide to take part you would:

- Attend the first visit to be screened for suitability. If you are suitable, we will collect some measurements of your eyes. This will include measuring your vision, and a health check of the front of your eyes (1 hour).
- Apply the assigned study treatments twice daily (application can vary from 2 minutes to 12 minutes)
- Return for a second visit in 28 days to have the above parameters re-measured (45 minutes).

Will I be paid to take part in the study?

There are no costs associated with participating in this research project, nor will you be paid. The study eye drop and Bruder Moist Heat Eye Compress will be provided at no cost to you. You will be able to keep the Bruder Moist Heat Eye Compress after the study, and if you were in the treatment group with Optimel Manuka^{+} Dry Eye Drops only, you will also receive a complimentary Bruder Moist Heat Eye Compress at the end of the study.

Please contact the following person via email or phone to register your interest in taking part in the research:

Name	Julia Ho	Dibha Rana
Telephone	0466669306	0479027535
Email	z5160459@ad.unsw.edu.au	z5206635@ad.unsw.edu.au

If you have questions about the research, and would like to speak to the Chief Investigator please contact:

Chief investigator	Dr Jackie Tan-Showyin
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Ethics Approval Number: HC210034 Version dated: 28th February 2022

Manuka eyedrop + Mask
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