



Effect of eyelid wipes with Manuka honey on ocular signs and symptoms

Have you thought that honey could potentially help relieve your dry eyes?

Researchers at UNSW Sydney (The University of New South Wales) are seeking volunteer research participants to learn about the effect of eyelid wipes with Manuka honey on the signs and symptoms of dry eye disease.

The research study is looking recruit people who meet the following criteria:

- Adult aged 18 years or older
• Able to read and comprehend English
• Have symptoms of dry eye
• At least 1 sign of dry eye
• Willing to not change any current dry eye treatment regimen



Participants meeting the following criteria will be excluded from the study:

- Under the age of 18 years
• Allergic to honey/bee products
• Hard contact lens wear one month prior to the study and during the study, or soft contact lens wear one week prior to the study or during the study
• Use of eyelid cosmetics (e.g. eyeliner, mascara) during the study period
• Pregnant or breastfeeding during the study period
• Have autoimmune disease or other systemic disease that may have an impact on tear film dynamics
• Use of any medication (e.g. anti-inflammatory, anti-infectives or immunosuppressives) that may have an effect on ocular health and/or function during the study period
• Active eye infection
• Use of Blephadex Pro eyelid wipes or any other ocular treatments containing Manuka honey (topical drops or creams) within 2 weeks prior to the first visit

You will be asked to complete the following research activities if you agree to participate:

- Attend 2 visits, approx. 1 month apart where each visit will take approx. 1 hour.
• Complete a questionnaire about how your eyes feel and undergo assessments to evaluate the front of your eyes and tear film, including having your eyelids swabbed with a sterile cotton bud.
• Use a randomly assigned eyelid wipe (either with or without manuka honey) once daily in the morning for one month.

Who do I contact to register my interest in taking part in the research or for more information?

Table with 3 columns: Name, Position, Email, Phone. Rows for Chi Kit (Matthew) Ho and Sylvia Wang.

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Table with 10 columns, each containing contact information for Manuka eyelid wipes: Name, Position, Email, Phone.

